### 01/02/2023 Ashtar: The Etheric Inhalant

"Beloved sisters and brothers of light, Ashtar speaks to you and with my language of light, I give you an etheric inhalant into the energies of the year 2023.

Perhaps you are wondering at this point why a module of the Language of Light is so important. I am happy to answer: You are already masters in recognising energy uplifts and masters in integrating them. In the coming year, the course will be set for further development. In order for you to grasp your paths, in possible turmoil or in excessive demands, it is helpful to adapt to the higher frequency currents of the All-One.

With my light language modules, which work on levels of recognition and acceptance, you receive, beloved, an assistance for the communication with your soul level and for the communication with the light spectra of reality, which are filled with arrangements of divine presence.

The recognition of new structures of life can be unconscious or conscious. The decisive factor is the resonance that you receive with the independently working light language modules. The recognition into larger spaces of reality, shows you the way, step by step you receive impulses that lead to a higher and more comprehensive consciousness.

Recognise parables of the divine nature that are conveyed in cosmic space, in spheres and in energy bodies, of other dimensional scope. The language of light is a great instrument of recognition and healing.

Expand your horizons. Newness arises in the acceptance of the full spectrum that is available to you.

I am Ashtar. Go in peace."

# Light language for guidance into full expression

#### Light Language Module 1: Encouraging Cellular Resonance

Cells communicate and interact with existing and incoming energies. Information flows into places, is stored and used for transformation. Vibrational frequencies within cellular tissue can change. New openings for frequented transformation impulses arise in relation to the existing vibration.

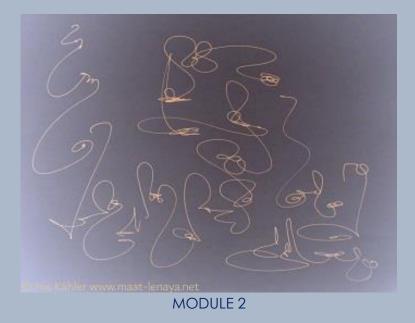
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## Light Language Module 2: Encouraging a Destiny Alignment

Assistance is given in one's own multidimensional path. Impulses of determination can spread and be experienced. An energetic alignment into the right steps with the necessary energies can take place.



### Light Language Module 3: The Emergence of Protected and Spherically Guided Communication to Receive Directional Impulses.

Resonances lead in the realm of openness to a flow of communication with Soul Essence, Cosmic Guidance and All Presence. Directional impulses arise and may be received. They are living decision makers into reality and open up new possibilities of Oneness.



MODULE 3

#### Application

Go into resonance with the visible and invisible energies of the light language with your intention, your love of being or within a meditation. Let the energies flow into you. You can joyfully welcome them and accept them as a tool of the light. You can direct energies with your breathing. If you wish, direct the energies of the modules by involving your breath. Let everything flow that unfolds for you within the healing transmission process. Implement the received impulses in your life.

I am happy to introduce you to Ashtars light language and wish you a beautiful integration of the energies.

Star Blessing, Iris

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